

## ***Session 7 How to Pray-Read the Word***

### **I. INTRODUCTION**

- A. “*The Word of God is the food by which prayer is nourished*” —E. M. Bounds
- B. Jesus corrected the Pharisees for thinking they would experience God’s life or presence simply by knowing the Bible. He was saying, in essence, “You study the Bible, but you are not willing to come to Me in an ongoing conversation that you may experience God’s presence.”
- <sup>39</sup>You search the Scriptures, for in them you think you have eternal life; and these are they which testify of [point to] Me. <sup>40</sup>But you are not willing to come to Me [talk to Me] that you may have life [experience God’s presence]. (Jn. 5:39-40)***
- C. It is not enough just to study the Word—we are meant to talk with God as we read it. Bible study is meant to create an active dialogue in our hearts with God. One way in which we gain strength in our prayer lives is by feeding on the Word through engaging in conversation with God as we read it.
- D. Scripture gives us the conversational material for our prayer lives. Talking to God as we read the Word makes prayer easy and enjoyable. We speak the truths of the Word back to God as we read.
- E. I compare the Scripture to a “neon sign” pointing to Jesus. It testifies of Him telling us what He is like. Jesus referred to them *not coming to Him*—they did not talk to Him. Coming to Jesus in this context speaks of more than being forgiven. It is a call to commune with Him as we read the Bible.
- F. When I moved from a purely “study mode” to a “dialogue mode” when reading the Bible, it changed my spiritual life. I began my journey into what I term “pray-reading” the Word. I could feel His presence in a greater way. I began to love God’s Word. This was a new feeling.
- G. When I look back on over forty years of walking with Jesus, I realize that pray-reading the Word—using the Bible as the “conversational material” in my prayer life—*has been the single most significant activity in my spiritual life*. This simple activity is essential to abiding in Christ (Jn. 15).
- H. ***God’s Word will abide in you***. Great change will surely come in the spiritual life of any believer who continues to abide in Jesus by speaking to Him as they read the Word. Over time God’s words will abide, or live, in their heart and will affect their prayer life as Jesus promised (Jn. 15:7).
- <sup>7</sup>If you abide in Me, and My words abide [live] in you, you will ask what you desire, and it shall be done for you. (Jn. 15:7)***
1. God’s Word living in us will cause new godly desires to be formed in us. These new desires will make us more sensitive to the Spirit’s leading including which prayers we choose to pray.
  2. The Scriptures living in our heart will impact our mind and emotions; thus our prayer life will be more in unity with God’s heart and will for our life.
  3. Prayer will become enjoyable and more effective as the Word abides more in our heart.

## II. TWO CATEGORIES OF SCRIPTURE TO PRAY-READ.

- A. There are two broad categories of Scripture related to pray-reading the Word—*promises to believe* and *exhortations to obey*.
- B. Category #1: Promises to believe
1. When we come across a *promise to believe* while reading the Word, we turn it into conversation with Jesus. There are many verses with promises to believe, such as “God loves His people” or “God forgives us” or “God will provide for us or guide us.”
  2. I encourage you to do two things when talking to God in context to a *promise to believe*. First, thank God for that truth, and second, ask the Spirit to give you more understanding of it.
  3. First, we thank God for a particular truth—turn it into a declaration of thanksgiving or trust. For example, when reading that Jesus loves you as the Father loves Him, pray, “Thank You, Jesus, that You love me with the same intensity with which the Father loves You.”  
***“As the Father loved Me, I also have loved you; abide in My love.” (Jn. 15:9)***
  4. Second, we ask God for more understanding of a specific truth. For example, while reading that Jesus loves you as the Father loves Him, pray, “Jesus, give me more understanding about how You love me with the same intensity with which the Father loves You.”
- C. Category #2: Exhortations to obey
1. When we come across an *exhortation to obey* while reading the Word, we turn it into conversation with Jesus just as we do a promise. Many verses *exhort us to obey* related to our time, money, speech, work, attitudes, food, drink, eyes, sexuality, service, relationships, etc.
  2. Jesus exhorted His people to abide in His love. Obeying this involves several things. It means to dwell on or focus on His love by searching it out and going deep in our understanding of it.  
***“As the Father loved Me, I also have loved you; abide in My love.” (Jn. 15:9)***
  3. I encourage you to do two things I do when talking to God in context to an *exhortation to obey*. First, I commit myself to obey that truth, and second I ask the Holy Spirit to help me.
  4. First, we commit to obey a truth—we make simple declarations of our resolve to obey it. In this case we pray, “Jesus, I commit to abide in or focus on Your love. I set my heart to study and search out this truth from Your Word and to live in it.”
  5. Second, we ask God to empower us to obey the particular truth. We ask Him to help us by giving us wisdom, motivation, and power to obey in specific areas. For example, when reading that we are to abide in love, simply pray, “Jesus, help me to abide in Your love.”
  6. One exhortation that I have drawn strength from throughout my life is the one that says Job made a covenant with his eyes not to look on anything that would stir up lust (Job 31:1).

### III. BENEFITS OF PRAY-READING

- A. The prophet Hosea told us to “take words with us” when we come to the Lord in prayer. Taking words with us is an important principle to follow when we give our hearts to God. As we articulate our love, gratitude, and requests to Jesus in simple phrases, the Spirit touches our lives.  
*<sup>2</sup>Take words with you, and return to the LORD. Say to Him, “Take away all iniquity; receive us graciously, for we will offer the sacrifices of our lips [words of love, trust, and obedience].” (Hos. 14:2)*
- B. When you pray the Word, you and the Spirit flow together resulting in you being taught in the way that is tailor-made for your life. When you talk to God while reading the Word, you say new things to God. It is the Spirit speaking through you, giving new insights—ones coming from your mouth.  
*<sup>27</sup>But the anointing which you have received from Him abides in you, and you do not need that anyone teach you; but as the same anointing teaches you concerning all things...* (1 Jn. 2:27)
- C. While you are pray-reading the Word, I encourage you to speak slowly and softly (not shouting or preaching at the indwelling Spirit) and use short phrases (not paragraphs).
- D. Take time to journal—to record your thoughts and prayers as you pray-read the Bible. Journaling will help you capture the truths the Spirit gives you and develop language to talk with God.

### IV. PRAY-READING THE DESCRIPTIONS OF JESUS

- A. The book of Revelation contains over thirty different descriptions of Jesus (Rev. 1-3). I use the acronym *A-R-K* to pray through these descriptions of Jesus. I use *Ark* in reference to the ark of the covenant, the place where God’s presence dwelt, and Noah’s ark, a place of safety in the flood. By encountering Jesus in this way, we experience the ark of His presence and the ark of His safety.  
*<sup>10</sup>The name of the LORD is a strong tower; the righteous run to it and are safe. (Prov. 18:10)*
- B. *A-R-K* stands for “agreement,” “revelation,” and “keep the prophecy.” These are three aspects of the conversational prayers that I encourage people to offer related to the thirty descriptions of Jesus.
- C. *A–Agreement*: We agree with who Jesus is in a specific way. We express our agreement by simply declaring to Jesus—with affection and gratitude—truths about who He is. By speaking out our agreement with His personhood, we gain inspiration and insights that equip us to know Him more.
- D. *R–Revelation*: We ask for revelation of Jesus according to each of the thirty descriptions based on Paul’s prayer that “the Father may give to us the spirit of wisdom and revelation in the knowledge of Him” (Eph. 1:17). Ask the Spirit to give you more insight into specific aspects of who He is.
- E. *K–Keep the prophecy*: We respond in practical ways as we ask for help to “keep the prophecy.” This refers to acting on the commands and plans of Jesus described in the book of Revelation. We apply them to our lives by responding in faith and obedience to the specific truths about His name.  
*<sup>7</sup>“...Blessed is he who keeps the words of the prophecy of this book.” (Rev 22:7)*

- F. We keep the prophecy by responding in three ways:
- By *obeying* the commands of God that are implied in the thirty descriptions of Jesus
  - By *saying* the message of God as we proclaim the main truths that are related to the descriptions
  - By *praying* to experience God’s strength to obey and say all that is implied by the descriptions
- G. Examples of A-R-K—descriptions of Jesus as the “faithful witness” and “firstborn from the dead.”  
<sup>5</sup> ***...and from Jesus Christ, the faithful witness, the firstborn from the dead.... (Rev. 1:5)***
1. Jesus as the faithful witness
    - a. ***Agreement:*** Jesus, I thank You that You are the faithful witness of what the Father is like and of all truth. You are the truth. I thank You that You always tell the truth. I trust what You say because You are reliable. You took a stand for truth that cost Your reputation and life.
    - b. ***Revelation:*** Holy Spirit, give me more insight into Jesus as the faithful witness.
    - c. ***Keep the prophecy:*** I commit to speak the truth, regardless of what it costs me. Holy Spirit, help me to speak up for the truths that are not popular.
  2. Jesus as the firstborn from the dead
    - a. ***Agreement:*** Jesus, You are the firstborn from the dead. I thank You that You have supremacy over all, that You have power over death itself.
    - b. ***Revelation:*** Holy Spirit, reveal Jesus to me as God’s firstborn from the dead. Teach me more about His supremacy over all things, including death.
    - c. ***Keep the prophecy:*** Jesus, I will serve You as the One who is preeminent by obeying You and drawing others to You instead of to me. I set my heart to live in light of the resurrection. Holy Spirit, help me to walk out this commitment.
- H. There are 24 distinct descriptions in Revelation 1 (7 descriptions in v. 5-7 plus 17 directly related to Jesus as the Son of Man in v. 10-16) and 18 descriptions in Revelation 2-3, **totaling 42**. Since 12 are in both Revelation 1 and 2-3, we can identify **30 distinct descriptions** (Rev. 1-3).
- I. In Revelation 1:5-7 there are 7 descriptions—*Jesus* (v. 5), *Christ* (v. 5), *faithful witness* (v. 5), *firstborn* from the dead (v. 5), *ruler* of the kings of the earth (v. 5), *Him who loved* us (v. 6), and *He who is coming* with clouds (v. 7).
- J. In Revelation 1:10-18 there are 17 descriptions—*voice as a trumpet* (v. 10), *voice as many waters* (v. 15), the *Alpha* (v. 11), the *Omega* (v. 11) the *First* (v. 11, 17), the *Last* (v. 11, 17), in the *midst* of the seven lampstands (v. 13), *Son of Man* (v. 13), *garment to the feet*, v. 13), *head and hair were white* (v. 14), *eyes like a flame of fire* (v. 14), *feet were like fine brass* (v. 15), in His *right hand seven stars* (v. 16, 20), out of *His mouth a sword* (v. 16), *countenance* was like the *sun* (v. 16), *He who lives forever* (v. 18), holding the *keys* of the kingdom (v. 18).

V. MORE EXAMPLES OF PRAY-READING THE WORD

- A. Jesus promises to reveal the Father’s personality to us as the way to impart love in us for God.  
***<sup>26</sup>I [Jesus] have declared to them Your name [the Father], and will declare it, that the love with which You loved Me may be in them, and I in them. (Jn. 17:26)***
1. **Pray:** “I thank You for Your commitment to declare (reveal) the Father’s heart to me. I ask You to *release* more.”
  2. **Pray:** “I thank You for imparting Your love to my heart. Please *release* more.”
- B. God promises to show His power to those who are loyal to Him.  
***<sup>9</sup>For the eyes of the LORD run to and fro throughout the whole earth, to show Himself strong on behalf of those whose heart is loyal to Him. (2 Chr. 16:9)***
1. **Pray:** “I thank You for committing to show Yourself strong in me.”
  2. **Pray:** “I set my heart to be loyal to the Spirit’s leadership in all that I do with my speech, eyes, actions, time and money. Help me to walk this out.”
- C. Jesus promises to manifest His presence to those who obey His commandments.  
***<sup>21</sup>He who has My commandments and keeps them, it is he who loves Me. And he who loves Me will be loved by My Father, and I will love him and manifest Myself to him... (Jn. 14:21)***
1. **Pray:** “I thank You for committing to manifest Your presence to my heart; *release* it more. I set my heart to keep (obey) Your Word in my speech, time, money, etc. Holy Spirit, *help me* to do this.”
  2. **Note:** the Father loves everyone in the sense of valuing, caring for and pursuing them. However, He only loves the lifestyle, choices, sacrifices, and fruit of those who pursue one hundredfold obedience.
- D. We are called to obey the Holy Spirit’s leadership in what we look at. **Pray:** “I set my heart not to look on anything that quenches the Holy Spirit. Holy Spirit, *help me* to do this with consistency.”  
***<sup>1</sup>I have made a covenant with my eyes; why should I look upon a young woman? (Job 31:1)***  
***<sup>3</sup>I will set nothing wicked before my eyes... (Ps. 101:3)***
- E. We are called to obey the Holy Spirit’s leadership in our speech. God promises that our whole body (our human passions) will be bridled as we obey the Spirit in our speech. **Pray:** “I set my heart to keep (obey) Your Word in my speech. Holy Spirit, help me to do this with consistency.”  
***<sup>3</sup>Set a guard, O LORD, over my mouth; keep watch over the door of my lips. (Ps. 141:3)***  
***<sup>29</sup>Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. <sup>30</sup>Do not grieve the Holy Spirit.... (Eph. 4:29-30)***

<sup>2</sup>***If anyone does not stumble in word, he is a perfect man, able also to bridle the whole body [human passions]...<sup>6</sup>The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell. (Jas 3:2, 6)***

<sup>14</sup>***Let the words of my mouth...meditation of my heart be acceptable in Your sight (Ps. 19:14)***

<sup>14</sup>***Do all things without complaining and disputing, that you may be blameless. (Phil. 2:14)***

<sup>18</sup>***In everything give thanks...<sup>19</sup> Do not quench the Spirit. (1 Thes. 5:18-19)***

F. God promises to save or deliver those who lay aside filthiness as they meditate on His Word. **Pray:** “I thank You for desiring to deliver my soul from filthiness in me; please *release* it. I set my heart to lay aside all filthiness and to implant your Word in my heart with meditation and meekness. Please *help me* to do this with consistency.”

<sup>21</sup>***Lay aside all filthiness and overflow of wickedness, and receive with meekness the implanted word, which is able to save [liberate, deliver] your souls. (Jas 1:21)***

G. God promised that we are a new creation based on giving us the gift of God’s righteousness. **Pray:** “I thank You and declare My trust that You have given me the righteousness of God. Please *reveal it to me more by the spirit of revelation*. I declare that all things are new and that the old things of my guilt has passed away in Your sight.”

<sup>17</sup>***If anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new...<sup>21</sup> For He [Father] made Him [Jesus] who knew no sin to be sin for us, that we might become the righteousness of God in Him. (2 Cor. 5:17-21)***